

30-TRAJETO

Procuramos nesse capítulo, colocar em ordem, no trajeto compreendido entre **Saint Jean de Pied de Port até Santiago de Compostela**, a relação de todos os pueblos, cidades e pontos importantes pelo qual o Caminho passa, fornecendo a sua altitude, a possibilidade de possuírem albergue e ou hostais, distância entre um ponto e outro, o telefone do albergue, bem como facilidades encontradas.

| LOCAL | ALT. HOSPEDAGENS | KMS. | TEL. | FACILIDADES |
|--|---------------------|------|--------------|-------------|
| St. Jean de Pied de Port (pela estrada) | Albergue/Hostal | 0,0 | | C B T |
| Arneguy | ----- | | | |
| Valcarlos | Hostal | 8,0 | | |
| Port de Cize (Puert de Ibañeta) | ----- | 10,5 | | |
| Roncesvalles | 952 Albergue/Hostal | 1,0 | 948/76.00.00 | C B H |
| St.Jean de Pied de Port (pela floresta) | Albergue/Hostal | 0,0 | | C B T |
| Untto/Honto | Hostal | 5,2 | | |
| Colado de Bentartea | 1337 ----- | 11,7 | | |
| Roncesvalles | 952 Albergue/Hostal | 8,0 | 948/76.00.00 | C B H |
| Burguete | 893 Hostal | 3,0 | | C B T |
| Espinal | 871 Hostal | 3,5 | | C B T |
| Mezquiriz | 925 Hostal | | | |
| Viscarret | 780 Hostal | 4,5 | | B T |
| Linzoáin | 688 ----- | 2,0 | | T |
| Puerto del Erro | Hostal | 4,5 | | |
| Zubiri | 528 Albergue/Hostal | 3,8 | 948/30.40.56 | C B T |
| Ilarraz | ----- | | | |
| Larrasoña | 495 Albergue/Hostal | 5,6 | 948/30.42.42 | C B |
| Aquerreta | ----- | 1,0 | | |
| Zuriáin | 510 ----- | 3,0 | | |
| Iroz | 510 ----- | 2,2 | | |
| Zabaldica | 500 ----- | 0,7 | | |
| Arleta | ----- | | | |
| Trinidad de Arre | 430 Albergue/Hostal | 3,7 | 948/33.29.41 | C B T |
| Villava | Albergue | 0,6 | | |
| Burlada | Hostal | 1,4 | | |
| PAMPLONA (5,3 km) | 446 Albergue/Hostal | 4,2 | 948/22.14.79 | C B T H |
| Cizur Menor | 483 Albergue/Hostal | 4,6 | 948/18.38.85 | C B |
| Guenduláin | 500 ----- | 4,2 | | |
| Zariquegui | 626 ----- | 2,0 | | |
| Alto del Perdón (morro) | 780 ----- | 2,4 | | |
| Uterga | 495 Albergue | 3,5 | | |
| Muruzabál | 445 ----- | 2,8 | | B |
| Obanos | 414 Hostal | 4,0 | | C B T H |
| Puente la Reina | 346 Albergue/Hostal | 2,8 | 948/34.00.50 | C B T H |
| Eunea | ----- | | | |
| Mañeru | 456 ----- | 5,0 | | B T |
| Cirauqui | 501 Albergue | 2,7 | | C B T H |
| Lorca | 483 Albergue/Hostal | 5,5 | | B T H |
| Villatuerta | 440 ----- | 5,0 | | C B T H |
| Estella | 426 Albergue/Hostal | 4,0 | 948/55.15.62 | C B T H |

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|--|------|-----------------|------|--------------|---------|
| Ayegui | 496 | Hostal | 2,1 | | C B T |
| Irache (fonte de vinho) | | ----- | 0,5 | | |
| Azqueta (cajados grátis - Pablito) | 519 | ----- | 4,0 | | B |
| Villamayor de Monjardín | 675 | Albergue | 2,0 | | C B H |
| Urbiola (ao longe) | | ----- | 2,0 | | |
| Los Arcos | 447 | Albergue/Hostal | 10,5 | 948/64.02.30 | C B T H |
| Sansol | 504 | ----- | 7,0 | | B T |
| Torres del Rio | 479 | Albergue | 1,0 | 948/64.80.51 | B T H |
| Ermita de Ntra. Sra. Del Poyo | 575 | ----- | 3,0 | | |
| Viana | 478 | Albergue/Hostal | 8,0 | 948/64.50.07 | C B T |
| Ermita La Trinidad de Cuevas (descanso) | | ----- | 2,5 | | |
| Posto de gasolina | | ----- | 2,4 | | |
| LOGROÑO (2,5 km.) | 384 | Albergue/Hostal | 5,0 | 941/24.02.34 | C B T H |
| Lago/descanso | | ----- | 5,0 | | |
| Alto de la Grajera | | ----- | 4,0 | | |
| Navarrete | 512 | Albergue/Hostal | 4,0 | 941/44.00.05 | C B T H |
| Ventosa | | Albergue/Hostal | 6,0 | 941/44.18.99 | C B T |
| Alto de San Antón | 670 | ----- | 2,0 | | |
| Gravera | | ----- | 4,0 | | |
| Nájera | 485 | Albergue/Hostal | 4,0 | 941/36.36.50 | C B T H |
| Azofra | 559 | Albergue | 6,0 | 941/37.90.57 | C B T H |
| Cirueña (aumenta o trajeto) | 752 | ----- | 10,0 | | |
| Santo Domingo de la Calzada | 639 | Albergue/Hostal | 6,0 | 941/34.33.90 | C B T H |
| Grañon | 724 | Albergue | 7,0 | | B T |
| Redecilla del Camiño | 745 | Albergue | 4,5 | 947/58.80.78 | C B T H |
| Castildelgado | 770 | Hostal | 2,0 | | C B T H |
| Viloria de Rioja | 785 | ----- | 2,0 | | H |
| Villamayor del Rio | 792 | Hostal | 3,2 | | C B |
| Belorado | 772 | Albergue/Hostal | 5,0 | 947/58.00.85 | C B T H |
| Fonte de água (descanso) | | ----- | 4,4 | | |
| Tosantos | 818 | Alb. em const. | 0,8 | | C B |
| Villambistía | 868 | ----- | 3,0 | | C B |
| Espinosa del Camiño | 891 | ----- | 1,7 | | C B H |
| Villafranca de Montes de Oca | 948 | Albergue/Hostal | 3,0 | 947/58.20.88 | C B T H |
| Fonte de Monjapan (descanso) | 990 | ----- | 2,0 | | |
| Monumento a los caidos | 1095 | ----- | 2,0 | | |
| Ermita de Valdefuentes | | ----- | 2,6 | | |
| San Juan de Ortega | 1040 | Albergue | 6,4 | 947/56.04.38 | C B H |
| Ages | 971 | ----- | 3,7 | | B |
| Atapuerca | 966 | Albergue | 2,6 | 947/43.03.32 | C B |
| Alto (cruz/banco) | 1060 | ----- | 2,1 | | |
| Villalval (ao longe) | 940 | ----- | 2,9 | | |
| Cardueña de Rio Pico (ao longe) ... | 935 | ----- | 2,1 | | |
| Orbaneja de Rio Pico | 925 | ----- | 2,2 | | |
| Villafria de Burgos | 887 | Hostal | 3,0 | | C B T |
| Gamonal (entrada de Burgos) | | ----- | 5,0 | | |
| BURGOS (5,4km.) (albergue)..... | 860 | Albergue/Hostal | 6,0 | 947/20.72.01 | C B T H |
| Villalbilla de Burgos | 833 | Albergue/Hostal | 5,5 | 947/29.12.42 | C B |
| Tardajos | 827 | Albergue/Hostal | 2,0 | 947/45.11.89 | C B T |
| Rabé de las Calzadas | 831 | Albergue | 2,1 | | C B |
| Fonte (descanso)..... | 925 | ----- | 3,0 | | |
| Hornillos del Camino | 825 | Albergue | 5,0 | 947/41.10.50 | |
| Arroyo Sambol | 825 | Albergue | 7,0 | 947/16.13.02 | |
| Hontanas | 867 | Albergue/Hostal | 4,0 | 947/37.70.35 | C B H |
| Convento de San Antón | 775 | Albergue | 5,5 | | |
| Castrojeriz | 808 | Albergue/Hostal | 4,0 | 947/37.70.34 | C B T H |
| alto/obelisco | 900 | ----- | 4,0 | | |

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|--|-----|-----------------|------|--------------|---------|
| fonte del Piojo | 795 | ----- | 4,1 | | |
| Itero del Castilo | | Albergue | 3,1 | 947/73.73.59 | |
| Itero de la Vega | 772 | Albergue | 0,3 | 947/15.17.78 | C B T H |
| Boadilla del Camiño | 782 | Albergue | 8,5 | 979/81.03.90 | B T H |
| Frómista | 783 | Albergue/Hostal | 6,0 | 979/81.00.01 | C B T H |
| Población de Campos (início mesetas) | 792 | Albergue | 4,0 | 979/81.02.93 | B T H |
| Revengea de Campo | 800 | ----- | 3,7 | | |
| Villalmentero de Campos (descanso) | 793 | ----- | 2,0 | | |
| Villalcázar de Sirga | 809 | Albergue/Hostal | 5,5 | 979/88.80.13 | C B T H |
| Carrión de los Condes | 839 | Albergue/Hostal | 6,0 | 979/88.00.72 | |
| Abadia Benevívere | | ----- | 4,5 | | |
| Calzadilla de la Cueva | 858 | Albergue/Hostal | 12,4 | 979/88.31.87 | C B |
| Sta. Ma. de las Tiendas | 860 | ----- | 2,5 | | |
| Parador (descanso) | | ----- | 2,0 | | |
| Ledigos | 883 | Albergue/Hostal | 2,5 | 979/88.36.14 | B T |
| Terradillos de Templários | 913 | Albergue | 2,8 | 979/88.36.79 | |
| Moratinos | 860 | ----- | 3,5 | | |
| San Nicolas del Real Camino | 840 | ----- | 2,6 | | |
| Ermita Virgem del Puente | | ----- | 5,5 | | |
| Sahagún | 816 | Albergue/Hostal | 2,5 | 987/78.00.01 | C B T H |
| Calzada del Coto | 822 | Albergue | 5,0 | 979/78.12.33 | C B T |
| Ermita Virgem del Peral | | ----- | 4,5 | | |
| Bercianos del Real Camino | 855 | Albergue | 1,0 | 987/78.40.08 | C B T |
| El Burgos Ranero | 878 | Albergue/Hostal | 7,8 | 987/33.00.06 | C B T |
| Villamarco | | ----- | 7,5 | | |
| Reliegos | 836 | Albergue | 5,3 | 987/31.78.27 | C B T |
| Mansilla de las Mulas (fim das mesetas) | 799 | Albergue/Hostal | 6,2 | 987/31.09.41 | C B T H |
| Villamoros de Mansilla | 800 | ----- | 6,0 | | C B |
| Puente de Villarente | 804 | Hostal | 1,5 | | C B T |
| Archahueja | 850 | ----- | 4,0 | | |
| Valdelafuente | 890 | ----- | 1,5 | | |
| Puente de Castro | | ----- | 3,5 | | B T |
| LEÓN (3,7 km.) | 838 | Albergue/Hostal | 3,5 | 987/25.28.66 | C B T H |
| Trobajo del Camino | 853 | Hostal | 4,0 | | C B T |
| Virgen del Camino (pela direita) | 906 | Hostal | 4,0 | | C B T |
| Valverde de la Virgem | 887 | ----- | 4,0 | | C |
| San Miguel del Camino | 905 | ----- | 3,0 | | C B |
| Villadangos del Páramo | 890 | Albergue/Hostal | 7,5 | 987/39.00.03 | C B T |
| San Martin del Camino | 870 | Albergue | 4,5 | | C B |
| Puente de Órbigo | | ----- | 7,0 | | |
| Hospital de Órbigo | 823 | Albergue/Hostal | 0,8 | 987/38.84.44 | C B T H |
| Virgen del Camino (pela esquerda) | 906 | Hostal | 4,0 | | C B T |
| Fresno del Camino | | ----- | 3,7 | | |
| Oncina de La Valdoncino | | ----- | 4,5 | | |
| Chozas de Abajo | | ----- | 6,5 | | |
| Vilar de Mazarife | | Albergue | 5,0 | 987/39.05.96 | C B T |
| Villavante | | Albergue/Hostal | 9,5 | | |
| Hospital de Órbigo | 823 | Albergue/Hostal | 3,0 | 987/38.84.44 | C B T H |
| Villares de Órbigo | | ----- | 2,2 | | |
| Santibáñez | | ----- | 2,7 | | |
| Cruzeiro de Santo Toribio (mirador) | 905 | ----- | 6,8 | | |
| San Justo de la Vega | 846 | Hostal | 2,0 | | C B T |
| Astorga | 869 | Albergue/Hostal | 4,0 | 987/61.59.70 | C B T H |
| Valdeviejas | | ----- | | | |

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| Murias de Rechivaldo | 882 | Albergue | 4,5 | 987/61.51.58 | C B | H |
| Castrillo de Polvazares | | Hostal | | | | |
| Santa Catalina de Somoza | 997 | Albergue | 5,0 | 987/69.18.19 | C B | |
| El Ganso..... | 1013 | Albergue | 4,5 | 987/69.10.88 | | |
| Local para descansar | | ----- | 1,5 | | | |
| Puente de Pañote | | ----- | 3,0 | | | |
| Rabanal del Camino | 1149 | Albergue/Hostal | 3,5 | 987/69.19.01 | C B | |
| Monte Irago (Foncebadón) | 1439 | Alb. em const. | 5,8 | | | H |
| Cruz de ferro | 1505 | ----- | 2,0 | | | |
| Manjarin | 1458 | Albergue | 2,5 | | | |
| El Acebo | 1145 | Albergue | 7,0 | 987/69.50.74 | C B | |
| Riegos de Ambros | 920 | Albergue/Hostal | 3,5 | 987/69.51.90 | C B | |
| Molinaseca | 600 | Albergue/Hostal | 5,0 | 987/45.30.85 | C B T | |
| Campos | 550 | ----- | 4,4 | | | |
| Ponferrada | 541 | Albergue/Hostal | 3,6 | 987/42.72.58 | C B T H | |
| Columbianos | 530 | ----- | 4,0 | | | |
| Fuentes Nuevas | 513 | ----- | 3,5 | | | |
| Camponaraya | 492 | Albergue/Hostal | 2,0 | | C B T | |
| Cacabelos | 483 | Albergue/Hostal | 6,0 | 987/54.60.11 | C B T H | |
| Pieros | 523 | ----- | 3,0 | | | |
| Villafranca del Bierzo | 504 | Albergue/Hostal | 5,0 | 987/54.02.29 | C B T H | |
| Pereje | 542 | Albergue | 5,0 | 987/56.64.31 | | |
| Trabadelo | 578 | Hostal | 4,5 | | C B T | |
| Portela | 580 | Hostal | 3,3 | | | |
| Ambasmestas | 605 | ----- | 1,5 | | | |
| Vega de Valcarce | 630 | Albergue/Hostal | 2,0 | 987/54.31.13 | C B T | |
| Ruitelán | 690 | Albergue | 2,5 | | T | |
| Villano (Herrerías) | 675 | ----- | 1,0 | | | |
| La Faba (fonte) | 917 | Alb. em const. | 4,0 | | | |
| Laguna de Castilla | 1200 | ----- | 2,3 | | | |
| limite Castilla y León/Galicia | 1245 | ----- | 1,5 | | | |
| Cebreiro | 1330 | Albergue/Hostal | 1,5 | 982/36.71.25 | C B | H |
| Liñares do Rei | 1240 | Hostal | 3,4 | | T | |
| Hospital da Condesa | 1262 | Albergue/Hostal | 2,5 | 982/36.71.83 | | H |
| Pordonelo | 1275 | Albergue/Hostal | 3,0 | | | |
| Alto do Poio (Porto del Poyo) | 1337 | Albergue/Hostal | 0,6 | 982/36.71.72 | C B T | |
| Fonfría del Camino | 1290 | Hostal | 3,5 | | | |
| Biduelo | 1285 | ----- | 2,5 | | | |
| Filloval | 945 | ----- | 3,0 | | | |
| As Passantes | 750 | ----- | 1,5 | | | |
| Ramil | 700 | ----- | 1,5 | | | |
| Triacastelo (seguindo pela direita) | 605 | Albergue/Hostal | 1,0 | 982/54.80.87 | C B T H | |
| Balsa | 700 | ----- | 2,0 | | | |
| San Xil | 901 | ----- | 2,0 | | | |
| Auto do Riocabo | 905 | ----- | 2,0 | | | |
| Montán | | ----- | 2,5 | | | |
| Zoo | | ----- | | | | |
| Furela | 660 | ----- | 2,8 | | | |
| Pintín | 600 | ----- | 1,5 | | | |
| Cavor | 520 | Albergue | 1,5 | 982/16.77.69 | | |
| Aguiada | 490 | ----- | 1,0 | | | |
| San Mamede do Camiño | 480 | ----- | 1,5 | | | |
| San Pedro do Camino | 460 | ----- | 0,5 | | | |
| Vigo | 440 | ----- | 0,5 | | | |
| Sárria | 453 | Albergue/Hostal | 2,5 | 939/41.95.56 | C B T H | |

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|---|-----|-----------------|-----|--------------|---------|
| Triacastelo (seguindo pela esquerda) | 605 | Albergue/Hostal | 1,0 | 982/54.80.87 | C B T H |
| Renche | | ----- | | | |
| Real | | ----- | | | |
| Samos (desvio de + 5 km.) | | Albergue/Hostal | 9,0 | 982/54.60.46 | C B T H |
| Teiguím | | ----- | 2,0 | | |
| Ayan | | ----- | 1,0 | | |
| Frolláis | | ----- | 4,0 | | |
| Foutao | | ----- | 1,0 | | |
| Vigo de Sárria | | ----- | 2,0 | | |
| Sárria | 453 | Albergue/Hostal | 2,0 | 939/41.95.56 | C B T H |
| Vilei | 515 | ----- | 3,5 | | |
| Barbadelo | 580 | Albergue/Hostal | 0,5 | 982/18.78.54 | H |
| Rente | 600 | ----- | 1,0 | | |
| Mercado da Serra | 630 | ----- | 0,5 | | C B T |
| Monzós | 560 | ----- | 1,5 | | |
| Xisto del Camino | | ----- | | | |
| Domiz | | ----- | | | |
| Pena Leimán | | ----- | 1,0 | | |
| Peruscallo | 640 | ----- | 0,5 | | |
| Cortiñas | | ----- | 0,5 | | |
| Lavandeira | | ----- | 1,0 | | |
| Brea | | ----- | 1,0 | | |
| Morgade | 663 | ----- | 1,0 | | |
| Ferreiros | | Albergue | 0,7 | 982/15.74.96 | |
| Mirallos | 650 | ----- | 1,0 | | H |
| Pena | | ----- | 0,5 | | |
| Rozas | | ----- | 0,8 | | |
| Moimentos | 580 | ----- | 1,5 | | |
| Mercadoiro | | ----- | 0,6 | | |
| Moutrás | | ----- | 0,3 | | |
| Parrocha | 480 | ----- | 1,7 | | |
| Vilachá | 440 | ----- | 1,5 | | |
| Portomarín | 324 | Albergue/Hostal | 3,5 | 982/54.50.70 | C B T H |
| Toxibó | 500 | ----- | 4,0 | | |
| Gonzar | 600 | Albergue | 3,6 | 982/15.78.40 | |
| Castro Mayor | 680 | ----- | 1,5 | | |
| Hospital de la Cruz | 704 | Albergue | 2,5 | 982/54.52.32 | C B |
| Ventas de Narón | 660 | Albergue | 1,3 | | |
| Prebisa | 580 | ----- | 2,5 | | |
| Lameiros | | ----- | | | |
| Ligonde | | Albergue | 1,5 | 982/15.34.83 | |
| Eirexe | 580 | Albergue | 1,3 | | |
| Portos | 600 | ----- | 2,0 | | |
| Lestedo | 620 | ----- | 0,5 | | |
| Valos | | ----- | 1,0 | | |
| Mamurria | | ----- | | | |
| Rosário | 565 | ----- | 2,5 | | |
| Palas do Rey | 605 | Albergue/Hostal | 1,5 | 982/37.41.26 | C B T H |
| Carballal | | ----- | 1,5 | | |
| Alagua | 512 | ----- | 1,0 | | |
| San Xulián del Camino | 465 | ----- | 1,0 | | |
| Pallota | | ----- | 0,5 | | |
| Outeiro de Ponte | | ----- | | | |
| Pontecampaña | | ----- | | | |
| Mato Casanova | 480 | Albergue | 2,5 | 982/17.34.83 | |
| Porto de Bois | 420 | ----- | 1,5 | | |

